

It is recommended that you take your Coversyl (perindopril erbumine) once daily, as prescribed by your doctor

You have been prescribed **Coversyl**, at a daily dose of:

PLEASE TICK ONE



Canadian stock TPDR numbers: TT50-10867; TT50-10867a

Coversyl contains the active ingredient perindopril erbumine which belongs to a group of medicines called ACE inhibitors.

Coversyl helps to lower high blood pressure and has been shown to reduce the risk of heart attacks in people with coronary artery disease.

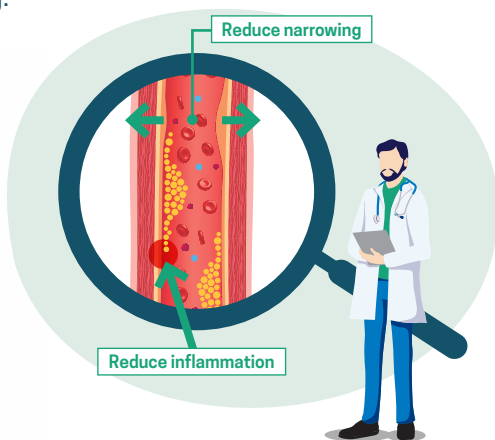
If you have heart failure, Coversyl may help you to breathe more easily, feel less tired, and have less swelling.

#### **Coversyl works to lower blood pressure by:**

- Helping to relax and widen the narrowed blood vessels, which helps blood to flow more easily to vital organs such as the heart, brain and kidneys. This helps reduce stress on the walls of blood vessels as blood flows.

#### **For people with heart problems, Coversyl may also help by:**

- Reducing the inflammation in the walls of blood vessels of the heart and improving blood flow and oxygen supply to the heart muscles.



Access the Coversyl  
Consumer Medicine  
Information Leaflet



It is recommended that you take your Coversyl (perindopril erbumine) once daily, as prescribed by your doctor

Your doctor would like you to follow the advice below.



### Take your medication daily as prescribed

Additional advice:

.....

.....

.....



### Make a follow up appointment in:

2 weeks       3 months       6 months

Date / Time:

.....

.....

.....

Importantly, Coversyl helps to control your blood pressure, or heart failure or coronary artery disease but does not cure it. Continue taking the tablets for as long as your doctor tells you. It is important to visit your doctor at least every 6 months and if you have any concerns about your health or the medicines you are taking you should tell your doctor immediately.

COVERSYL® (perindopril) is a Prescription Medicine used to treat high blood pressure, established coronary artery disease and heart failure. COVERSYL® (perindopril) is available in 2 mg, 4 mg and 8 mg tablets.

**COVERSYL® has risks and benefits. Ask your doctor if COVERSYL® is right for you. Use strictly as directed and if symptoms continue or you have side effects, see your doctor.** For additional product information check the Consumer Medicine Information (CMI) available at [www.medsafe.govt.nz/Consumers/CMI/c/coversyltabCanadian.pdf](http://www.medsafe.govt.nz/Consumers/CMI/c/coversyltabCanadian.pdf)

**Do not take Coversyl if you:** are allergic to perindopril, ACE inhibitors or ingredients; are pregnant; breastfeeding; have kidney problems where the blood supply to your kidneys is reduced (renal artery stenosis); experienced wheezing, swelling of the face, tongue, lips or throat, intense itching or severe skin rashes with a previous ACE inhibitor or if you or a family member had these symptoms in the past (known as angioedema); undergo treatments where your blood is treated outside of the body (known as extracorporeal treatments); are treated with blood pressure lowering medicine containing aliskiren and have diabetes or impaired kidney function; are treated with sacubitril/ valsartan. **Tell your doctor straight away if you:** are undergoing desensitisation treatment, or had an allergic reaction during previous desensitisation treatment; undergo anaesthesia and/or surgery; have recently had diarrhoea or vomiting or are dehydrated; are on a salt restricted diet or use salt substitutes which contain potassium; have an intolerance to lactose; are taking lithium; if you are taking any of the following medicines used to treat high blood pressure: aliskiren or ARBs/sartans in particular if you have diabetes related kidney problems; have kidney disease/on renal dialysis; aortic stenosis; liver disease; high or low levels of potassium, or other problems with salt balance; diabetes; low blood pressure; heart disease incl hypertrophic cardiomyopathy; systemic lupus erythematosus or scleroderma; of African origin; have abnormally increased levels of a hormone called aldosterone in your blood. **Side Effects: Common:** Cough; headache, dizziness, vertigo, pins and needles; changes in rhythm or rate of heart beat, fast or irregular heart beat; feeling tired, lethargic or weak; tinnitus (persistent noise in the ears), vision disturbances; hypotension, flushing, impaired peripheral circulation, vasculitis, nose bleeds; nausea, vomiting, taste disturbances, indigestion, diarrhoea, constipation, stomach pain or discomfort; muscle cramps; rash, pruritus (itching).

**If you develop the following tell your doctor immediately or go to A&E:** angioedema; swelling of your extremities (limbs, hands or feet), lips, face, mouth, tongue or throat; a fast and irregular heart beat; purple spots with occasional blisters on the front of your arms and legs and/or around your neck and ears (a rare condition known as Stevens-Johnson Syndrome); difficulty in breathing; severe blisters, skin rash, itching, erythema multiforme or other allergic reactions.

COVERSYL® is a fully funded medicine for the treatment of patients with high blood pressure, established coronary artery disease or heart failure. Normal pharmacy and doctor's charges apply.

**References: 1.** <https://www.medsafe.govt.nz/Consumers/CMI/c/coversyltabCanadian.pdf>  
Servier Laboratories (New Zealand) Ltd. Level 4 Zurich House, 21 Queen Street, Auckland Central, Auckland 1010. Material prepared January 2023. 104602. TAPS Approval Number: MR8634.

An additional resource you may find useful:

### Home BP Monitoring Diary

Scan the QR code to download

